



Spring 2013

Soup Bowl set May 18

Come eat the soup, enjoy the bowls and meet the potters who made them. The 7th Annual Soup Bowl will be held on Saturday, May 18, from 5 to 7 p.m. at the Old Mill Marina in Garibaldi.



This year, the event will feature a presentation by Astoria's Richard Rowland and some of the other potters who crafted the soup bowls. They will be on hand to discuss the process by which they make the 150 bowls that are the centerpiece of this annual signature fundraising event benefitting the Women's Resource Center.

Rowland and his volunteer potters fire the bowls in his Anagama wood kiln in Astoria.

"The Anagama wood firing process is an ancient form of ceramic firing that migrated from China to Japan via Korea in the 5th Century," he explained.

Rowland said he and a friend built his outdoor kiln – known as the Astoria Dragon Kiln – in 1981, using discarded cannery brick gathered from the Columbia River.

To fire the kiln, Rowland gathers local wood from the river, the ocean and even commercial sources, thereby infusing something of the locale into his pottery.

"When the wood is burned in the kiln, the fly ash that is created drifts through the kiln, becomes glass and is infused into the work," he explained.

As always, attendees will be able to fill their bowls with a wide array of delicious soups made by local chefs, and pair them with a fresh breads and deserts prepared and donated by local restaurants and individuals.

So far, the menu will include the following:

- Blue Moon Cafe - chocolate caramel crunch dessert

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Sexual Assault Response Team

Agencies join forces to support victims

A landmark collaboration among the Tillamook County District Attorney's office, law enforcement, medical and human services communities has resulted in a new set of procedures to provide support to survivors of sexual assault.

Led by the DA staff, representatives of law enforcement, the medical community, the Victim's Assistance Program and the Tillamook County Women's Resource Center spent months drafting a set of protocols for a new Sexual Assault Response Team (SART) – the first such team to be formed in the county.

The resulting protocols adopted in December specify that trained advocates from



Nurse Cheryl Rains works with Women's Resource Center advocates to help sexual assault survivors at Tillamook County General Hospital.

the Tillamook County Women's Resource Center will be the first responders called to the hospital to provide support for sexual assault victims.

"We will always be there

to meet the needs of a survivor, whether she decides to report the assault to law enforcement or not," explained TCWRC Executive Director Kathleen Marvin.

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Tackling problem of financial abuse

He won't let her out of the house to take a job. He controls every dime of the household finances.

Every asset is in his name.

He forges her signature and/or uses her social security number to empty out her bank account or sell her property without her knowledge.

When she leaves him, he opens credit card accounts in her name and runs up debt to ruin her credit.

Physical domestic abuse is terrifying. But the long-term damage of financial abuse can be equally insidious and

crippling. Even so, financial abuse has not received a great deal of attention in the past, although it is a common component of domestic violence.

This spring, Tillamook County Women's Resource Center advocates will receive training in personal financial management skills, which they will then teach to their clients. In addition, they may help those clients who qualify get into a state program that provides matching funds to help them achieve major financial goals.

"Victims of abuse may not know or understand the long-

term consequences of the damage that has been done to their credit, and that can really affect their quality of life," Executive Director Kathleen Marvin explained.

"We want to help people learn how to rebuild their credit. So we are partnering with the state and CASA of Oregon on an Economic Empowerment and Financial Literacy program."

According to TCWRC Education and Outreach Program Manager Romy Carver, in May staff will undergo five

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It's time to take a stand

By Kathleen Marvin
TCWRC Executive Director

In recent months there have been so many things indicating that people are finally coming to recognize and call for an end to violence against women not only in the United States, but also around the globe.



Citizens in India have rallied in anger at the brutal gang rape of a woman on a bus and demanded that government officials begin prosecuting such criminals.

In Pakistan, the attempted assassination of a young girl because she advocated schooling for females has stirred similar outrage in that country and internationally.

This year on Valentine's day, the One Billion Rising campaign brought about the largest global action in history to end violence against women and girls, inspiring women and men in 207 countries to come together and express their outrage.

On March 7, President Obama signed the much-delayed re-authorization bill for the Violence Against Women Act, which is the cornerstone of our nation's response to domestic and sexual violence.

And on March 15, the United Nations Commission on the Status of Women asserted that ending all violence against women and girls "must be a priority, not an option" for achieving human rights, social cohesion and sustainable development around the world.

All around the world, leaders are beginning to understand how widespread and deeply ingrained such violence is and also how profoundly it saps the vitality and economic energy of the cultures in which it exists.

Here in our own corner of the world, we may feel that we have evolved be-

yond the primitive oppression of women that we see in far-flung places.

Over the past several years, our community has been joining us to discuss the problem of domestic and sexual violence. And in December, our law enforcement and service agencies came together to adopt a landmark set of protocols to give support to local victims of sexual assault. (See our story about the Sexual Assault Response Team on Page 1.)

But we should not become complacent. For, even as many in the world have been awakening to the issue, here at home women and children continue to suffer at the hands of abusers.

In Tillamook County, we know that one out of three women has experienced some form of domestic or sexual abuse.

And a report from the Oregon Coalition Against Domestic and Sexual Violence recently revealed that 13 of the state's 36 counties had at least one lethal domestic violence incident in 2012. There were a total of 38 separate incidents that year, with the highest number concentrated in Multnomah County. The incidents included 26 murders, eight murder-suicides and three suicides related to a domestic violence incident. Of the 38 incidents, 16 included multiple victims and six of those involved children. All in all, there were 66 victims. Of these, 44 were killed and 27 of those deaths were women.

The vast majority of the victims were shot. And in Seaside in neighboring Clatsop County, a man bludgeoned his ex-wife and her male friend to death with a baseball bat in her home.

Clearly, we still have a lot of work to do to bring an end to the horror of domestic violence and sexual assault. We believe we have made excellent progress improving awareness. Now it is time for action.

We must adopt a zero tolerance approach to domestic and sexual violence. We must stop keeping it hidden as a "private" or "family" matter. For domestic violence affects everyone, either directly or indirectly.

Join us in helping to put a stop to this scourge once and for all.



Soup

From Page 1

- Downie's Cafe - chicken noodle soup
- Grateful Bread - all of the bread for the evening
- Grumpy's Cafe - assorted cookies
- La Mexicana - Santa Fe chicken chipotle soup
- Pacific Restaurant - two soups, one dessert
- Rick's Roadhouse - one soup
- Sweet Perfection - brownies
- The Beach Bite - vegetable minestrone
- The Rendezvous - soup
- Fay Newcomb - soup
- Cat Dubois - soup
- Sharon Reeves - hamburger soup
- Mary Ann Dearborn - brownies
- Barbara Croman - soup
- Linda Werner - soup
- WRC Volunteers - Santa Fe Soup, & Orange Tomato Soup

TCWRC Executive Director Kathleen Marvin said the popularity of the Soup Bowl continues to grow each year.

"Our capacity is about 200 people and we have sold out every year," she noted.

Once again this year, the event is being supported by the contributions of generous sponsors.

Among major sponsors already signed up are:

- TLC Federal Credit Union
- Computer Support & Services
- Clatsop Distributing
- John, Lynda, Jesse and Michelle Martinez
- Hampton Lumber Co.
- Twin Rocks Motel
- Bay City Art Center
- The Grateful Bread Bakery and Restaurant
- Clatsop Community College
- Richard Rowland and local potters
- Carol Brown & Joe Ockenfels

If you are interested in joining them, sponsorship levels are \$50, \$100 and \$250 or more. Sponsors who donate at the \$250 level also will be recognized as members of the HEART Guild.

Tickets to the Soup Bowl are available at The Wild Flower Thrift Boutique. The price for all-you-can-eat soup, homemade bread, dessert and beverages PLUS the privilege of taking home a one-of-a-kind bowl is just \$40, or \$15 for the meal without taking home a bowl.

Advocate now on duty in Wheeler two days a week

Residents of North County are now being served two days a week by a Women's Resource Center advocate stationed at the Rinehart Clinic in Wheeler.

Long-time advocate Kimber Lundy is now on hand every Thursday and Friday from noon to 5 p.m. at the clinic.

"This is our way to provide services to clients who may not be able to get to our Tillamook office," Lundy explained.

Lundy began keeping regular hours at the clinic in February and, since then, has begun working regularly with several new clients. She helps them deal with such things as domestic violence, sexual assault, stalking and other forms of abuse.

"So far, I've already been able to meet with a couple of new clients who would not have been able to get help oth-

erwise," she said. "They are doing great and working to get their lives on track. It is very rewarding."

Lundy, whose position is being funded through August of 2013 by a special grant, said she can assist clients with such things as obtaining restraining orders and developing safety plans. She also can help clients connect with other community resources they may need to begin rebuilding their lives.

Although Lundy is available to clinic patients, you need not be a patient to meet with her there.

"Just come to the front desk and ask to see me," she said. "You don't need to explain anything to anyone or answer any questions. And you can feel sure that everything is always kept in the strictest confidence. I always meet with clients in a completely private



Advocate Kimber Lundy

setting."

Lundy said the clinic is served by the WAVE buses, but if you have problems getting transportation, you can call her for assistance.

"Even on days I am not there, you can always call the main office in Tillamook and arrange for an appointment," she added. "And if you are in a crisis situation, get to a safe place and call and we will

come to help."

Lundy said an appointment is not necessary to see her at the clinic, but it is helpful.

To arrange an appointment, you may call Lundy at the clinic at (503) 368-5182, or call the main Women's Resource Center office in Tillamook at (503) 842-9486. The Rinehart Clinic is located at 230 Rowe Street in Wheeler.

SART

From Page 1

"The entire goal of the SART is to support survivors. Our advocates will be automatically dispatched whenever a sexual assault case comes to the hospital.

"We see our role as providing support and information on all of the rights, options and resources available for victims of sexual assault and then supporting victims however we can."

According to Marvin, the establishment of SART came after a heroic effort by all involved.

Getting representatives from all the participating agencies was not easy, she explained. "It was a huge amount of work drafting the protocols and it is a major accomplishment. We are so proud of our community and the result."

To ensure that TCWRC staff members and volunteers were

The advocate can play a huge role. They can help the survivor feel empowered to report ...'

— Nurse Cheryl Rains

properly trained, Volunteer Coordinator Ma'at Crook got involved in the process.

"I got to sit in on the last meetings and I was able to develop training to educate our people about the process," Crook explained. "It was great. Representatives of law enforcement came in and presented. The District Attorney's office gave their input. We took a tour of the forensic exam area at the hospital and we did some role playing."

Initially, those taking part in the training were staff and a few of the experienced hotline volunteers.

Crook said she is planning another training soon so more volunteers can take part.

Cheryl Rains, a nurse at Tillamook County General Hospital who is a certified sexual assault nurse examiner, said the new system is working extremely well.

"The big change is that the Women's Resource Center advocate gets called in immediately as part of the team," said Rains, who is specially trained and certified to conduct exams, take samples and secure evidence in cases of sexual assault.

She said if she is not in the hospital when a victim comes in, she is paged and called in.

"I have to come from Beaver and the advocate is already here by the time I arrive," she noted. "It is awesome that they can respond so quickly."

Rains said the incidence of sexual assault has picked up dur-

ing the past year, but noted that most of the cases she sees involve visitors from out of the area. She said that does not mean that local women are not being assaulted, but that locals may be reluctant to report for fear of reprisals or embarrassment.

"We need to let people know that everything is in the strictest of confidence and it is up to the victim to determine whether or not to report the assault," Rains said.

"From what I have seen, having a Women's Resource Center advocate on hand right away will be very helpful because they are so knowledgeable about the resources available and can explain the entire process to the victim.

"The advocate can play a huge role. They can help the survivor feel empowered to report and prosecute."

Community survey in the works

The Women's Resource Center is rolling out a brief survey to help us identify areas of our services that may need changes or improvement to better meet the needs of the county's underserved groups.

According to Romy Carver, education and outreach program manager, the goal is to find out what is working and what may not be.

"We are specifically interested in knowing what we may need to do to give the best possible range of services to such historically under-

served groups as the LGBT community, Hispanics and youth," she explained.

Carver said the survey will be offered both in English and Spanish and will be featured on the website and distributed at schools and community events.

"It will just be a brief survey, but we hope it will yield a lot of good information to help us provide the best possible range of services to every segment of our community," she said. "We will use the results to help guide us in our program planning."

Finance

From Page 1

to six weeks of training, in two-hour classes, to learn how to empower clients to take control of their financial lives.

"In many cases, we work with people who may know little about money or how credit works," Carver explained. "So we will be learning about these topics so we can better serve them."

Classes will cover such things as basic budgeting, savings and credit. Once staff has gained some experience, said Marvin, then TCWRC plans to roll out similar trainings for the general public.

Marvin said a second component of the new initiative will be helping clients who qualify to take advantage of the state's Individual Development Account (IDA) program.

The IDA Initiative invests in the personal and financial growth of individuals. The initiative was created in 1999 by the Oregon State Legislature. Participants enroll through a partner agency like TCWRC, set a goal and begin saving. Once the participant's goal is reached and all parts of the savings plan are completed,

every dollar saved by a participant is matched by the Initiative, typically \$3 for every \$1 saved. Funding for the program comes from individuals and businesses, who are eligible for a 75 percent credit on state taxes when they contribute.

Initiative participants may benefit from matched funds to help them purchase a home, fulfill an educational goal, develop and launch a small business, restore a home to habitable condition, or purchase equipment to support employment.

Once TCWRC is able to begin offering the training to clients and the public, that training can be used to help individuals qualify for the IDA program, Marvin noted. To put that portion of the plan into place, TCWRC will work through the Oregon Coalition Against Domestic and Sexual Violence and CASA of Oregon.

"We believe this is an important step in our goal of expanding services to survivors of abuse and to traditionally underserved groups by empowering our clients to gain skills for directing their own lives," Marvin concluded.

Volunteer Profile

Jennifer Malcom

Jennifer Malcom first began volunteering at the Women's Resource Center about seven years ago to fulfill a community service obligation after some missteps in her own life.

"I discovered right away that it really interested me," recalls the life-long Tillamook County resident. "So I have been working on the hotline ever since."

Malcom grew up in Bay City, where her family owned Downie's Café. Five years ago, she and her sister, Joni Robertson, purchased the café from their mother and have been operating it ever since. But that has not stopped Malcom from devoting most Friday nights and many weekends to working on the hotline.

"It has been really rewarding for me," she explains. "Giving up a little time on the weekend is a small sacrifice compared to the rewards of being able to help people."

Malcom, 38, confessed that she was a bit of a "wild child" in her younger days, so she can relate to the problems of many of the callers she talks to.

"A lot of the people I speak with have some sort of drug or alcohol issues, which for many are a coping mechanism for the other things in their lives. It all goes together. But one of the things I really respect about the Women's Resource Center is they don't judge the people who come to them for help. They are willing to help anyone who needs it."

Malcom said she has spoken to a large variety of callers, both male and female, during



her hotline shifts. But one of her most memorable cases didn't involve the hotline at all.

"I was in the Safeway parking lot going to the store and I saw a woman jump out of a car to get away from a guy and then the guy was throwing her stuff out of the car," Malcom recalls. "So I walked over to the woman and offered to take her to the Women's Resource Center for help. She had been drinking and was fearful that going to an agency might wind up getting her arrested. But I assured her that the Women's Resource Center was a safe place, so I walked her over to the office with all her stuff and they got her a bus ticket home to Portland. Later, she called the center to thank them for their help. That was really rewarding for me."

Malcom said she took part in the recent training for the Sexual Assault Response Team and hopes that one day she may be able to work on that team, too.

"Volunteering in this work really helps give you a path for your own life," she concludes. "It just feels great."

Local teen gathers baby supplies for TCWRC as school project

Macy O'Donnell wanted to do something to help out the Tillamook County Women's Resource Center.

"There's someone I know who needs their help," the Tillamook High School Junior said recently. "She's not there yet, but we're working on getting her there."

So, Macy decided to make the local agency that helps victims of domestic violence the subject of her Service-Learning project for school.

Students who take part in Service-Learning projects put the skills and knowledge they acquire in the classroom to use solving real problems in their communities.

In Macy's case, that means raising donations of baby sup-



Macy O'Donnell with some of the baby products she has collected for her Service-Learning project.

plies for the women who use the agency's services. She's been contacting local businesses and getting donations from them as well as individual contributions from their employees.

She said she's been working on the project since January and that she has to wrap it up officially by April 26. But, she added, she'll continue taking donations after that date.

Macy said her original goal was to raise \$500 worth of disposable diapers and wipes, but she has been receiving donations of other kinds of baby supplies, as well.

"I'm even getting some baby clothes and shoes," she said.

Eleanor Watkins, community services coordinator at the agency, is Macy's mentor on the project

"These supplies fill a huge need for us," she said. "Many of our clients have to leave their homes before they have time to grab up some of the things they need."

Macy said donations can be made by calling her at (503) 812-7669 or dropping items off at the Tillamook County Women's Resource Center office at 1902 2nd St. in Tillamook.

Briefs

Fall Fundraiser

We are planning a fun family fundraiser for a Saturday in the early fall. The event will be at the Blue Heron and will feature food, music and activities for the whole family. It will include a Poker Run competition for local motorcycle clubs, with prizes for the winners. If you would like to help or become a sponsor, call the office at (503) 842-9486.

Mother's Day Letter

Mother's Day is May 12 and, as we do every year, we are offering our supporters an opportunity to make a special Mother's Day gift to honor important women in your life.

This year, we are encouraging you to recognize any individual who has played an important nurturing role in your life. And, thanks to a generous benefactor, all gifts of \$250 or more will be matched dollar for dollar. Plus, you will be recognized as a member of our HEART Guild.

Volunteer Training

A new 40-hour volunteer training is scheduled to begin in late April or early May. In addition, our trainer, Ma'at Crook, is mapping out a series of future trainings that may allow volunteers flexibility in their training schedule.

In late summer or early fall, she is hoping to schedule a training that will have daytime hours and cover just one week.

In November, another training is expected to be held in the evenings on Tuesdays, Thursdays, Fridays and Saturdays and wrap up in just two weeks.

If you wish to become a volunteer, there are numerous opportunities and schedules available. Potential volunteers should contact Ma'at Crook at the office at (503) 842-9486.

Trauma Training

On Thursday, April 25, a TCWRC workshop for human services professionals on "Applying the Principles of Trauma-

Informed Care," is scheduled from 10 a.m. to 3:30 p.m. at Tillamook County Library.

In months ahead, related trauma sessions may be planned. Contact Romy Carver, (503) 842-8294, ext. 209, for details.

Marvin, Watkins Attend Training

Thanks to a full scholarship, two key staff members are taking part in a powerful 18-month best practices course for professionals working to combat violence against women.

TCWRC Executive Director Kathleen Marvin and Community Services Coordinator Eleanor Watkins recently spent a week in Minnesota for an intensive training session at the Praxis Advocacy Learning Center.

The Advocacy Learning Center program is designed for professionals working in organizations that, like the Women's Resource Center, receive federal Department of Justice funding.

Marvin said there were 50 or 60 individuals who took part in her class. So far, the program has graduated about 350 people, she added.

The initial session that Marvin and Watkins attended will be followed by several other multi-day trips to the center, plus a lot of study and follow-up webinars.

"It's like a doctorate for advocacy," Marvin explained. "Our first week was full immersion and very intense. But it was amazing."

CALENDAR

April is Sexual Assault Awareness Month

April 24-26: Pre-school multi-modular event

April 24: Denim Day

April 8-12: Youth Training Youth will make healthy relationship presentations at Tillamook High School.

May 12: Mother's Day

May 18: Soup Bowl

Things are 'crafty' at The Wild Flower



Hand-sewn bags and painted furniture are luring shoppers.

Next time you are in The Wild Flower Thrift Boutique, don't miss the new "Wild Flower Designs" merchandise. Bearing special tags, these items have been hand-crafted by volunteers.

"We have local seamstresses sewing bags and other volunteers painting furniture and things like that," Wild Flower Manager Melissa Finnell said.

"These special items are becoming very popular. And you can't get them anywhere else. It's work by our local crafts people and it is helping our community."

Another addition to The Wild Flower is a new Facebook page.

"We launched the page in early March and we hope it will

help us get the word out about special sales and new items when we get them into the store," Finnell explained.

Finnell said those interested in following the Wild Flower's page may either go to the Wild Flower's web page at <http://www.tcwrc.net/thewild-flower.html> and click on the link, or go directly to Facebook and search for "The Wild Flower Thrift Boutique."

But that's not all that's new at The Wild Flower. The store now features specialty sales every day:

Manic Mondays – Get 20 percent off all furniture.

Two-Fer Tuesdays – Buy one item and get a second item of equal

or lesser value for free, except for furniture and appliances.

Wednesday Senior Day – For customers 55 years and older, get 20 percent off your entire purchase, except for furniture and appliances.

Thursdays – Get 20 percent off appliances.

Fridays – \$10 Bag Sale. All the soft items you can fit in a bag for \$10.

Saturdays – 20 percent off all children's items, excluding clothing.

The last Saturday of the month is a special sale – All clothing is three items for \$1.

In addition to merchandise,

The Wild Flower has great new options for volunteers.

"We especially are looking for people who enjoy woodworking, crafts or sewing or who want to test and repair electronics and appliances," Finnell noted. "It's great fun and you will be helping our community. All of our profits help support the Women's Resource Center programs."

And with spring in the air and spring cleaning getting under way, don't forget donations.

"We especially need furniture and appliances," she said. "And we will pick things up."

The Wild Flower is located at 114 Main Ave. in Tillamook. Phone (503) 842-2996.

Redeem this coupon for 25% off your next purchase!

May not be used for purchase of appliances



A thrift boutique benefitting the Tillamook County Women's Resource Center

**Open Monday-Friday, 10 a.m.-5 p.m., Saturday 10 a.m.-3 p.m.
114 Main St., Tillamook • (503) 842-2996**

With Grateful Thanks!

We wish to thank the following supporters for their generous contributions. With your help, we continue our work to stop violence. Please forgive us if we have overlooked or misspelled your name. Names followed by a ♥ are HEART Guild donors.

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Karen Kellar
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This project is supported by Grant No. 2008-WR-AX-0038, awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed in this program are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.